EXECUTIVE WORKING SESSION

Make progress on one live priority and build a better way to work.

PERSONAL is a two-hour session for one executive. Use a live priority to build confidence, improve the work and leave with a useful output plus a repeatable leadership habit.

Confidence comes from doing real work.

Leaders often delegate AI, use it tactically or start with the tool. PERSONAL starts with the business outcome, strengthens the problem and context, then works toward an output the leader can use.

START WITH ONE LIVE PRIORITY

OUTCOME
Business need + value

CONTEXT
Boundaries + evidence

WORK
Useful + reviewed

PERSONAL — **Frame → Simulate → Solve → Reflect → Commit**

2h	1	1	7 days
facilitated session	executive	useful work product	repeat plan

WITHOUT PERSONAL

AI remains sporadic or delegated.
The tool leads the conversation.
Outputs sound fluent but stay unverified.
No repeatable leadership habit follows.

WITH PERSONAL

A business outcome leads the work.
Confidence grows through doing.
One useful output is reviewed.
A repeatable habit and next action are named.

WHAT CHANGES BY THE END

The executive leaves with one useful work product, a repeatable problem, outcome and context method, a seven-day adoption action and a clear next-pathway decision.

Stage 1 measures time and confidence first: identify work that could release the equivalent of one day a week, then test it. No bottom-line claim yet.

MINDSET + METHOD

Use AI on real work, with leadership judgement in charge.

A demanding scenario builds the method. One live priority makes it usable.

1 **ARRIVE** Outcome + safety
2 **SIMULATE** Practise method
3 **DEBRIEF** Name learning
4 **SOLVE** Live priority
5 **REFLECT** Commit + repeat

WHAT HAPPENS

01 FRAME — Agree the live priority, desired outcome, approved tools, safe information and what usable means.

02 SIMULATE — Practise disciplined framing on an executive scenario and name what improves the quality of thinking.

03 SOLVE LIVE WORK — Apply the method to real work. Make assumptions visible and iterate toward a useful output.

04 REFLECT + COMMIT — Review the output, verify it, name the repeatable habit and agree the next action.

AI MAY HELP

Research · structure · draft · compare options · critique · ask better questions

THE LEADER RETAINS

Outcome · context · permission · judgement · acceptance · risk · final decision

QUALITY GATE

Useful? Sources and assumptions visible? Reviewed? Owner and next action explicit?

MINDSET Build confidence through real work and keep judgement human. METHOD Start with the outcome, make context explicit and verify before use.

WHAT THE EXECUTIVE LEAVES WITH

Useful Work Product
A reviewed first version tied to the live priority.

POC Brief
Problem, outcome, context, boundary and acceptance.

Repeatable Method
A leadership habit for working well in the AI era.

Assumptions + Checks
Sources, uncertainty, human review and judgement.

7-Day Adoption Plan
One repeat use, evidence and support needed.

Pathway Decision
Continue, activate TEAM, deepen or prove a use case.

Quantitative: 1 work product · 1 repeat use in 7 days · 1 next decision judgement | Qualitative: greater confidence + clearer